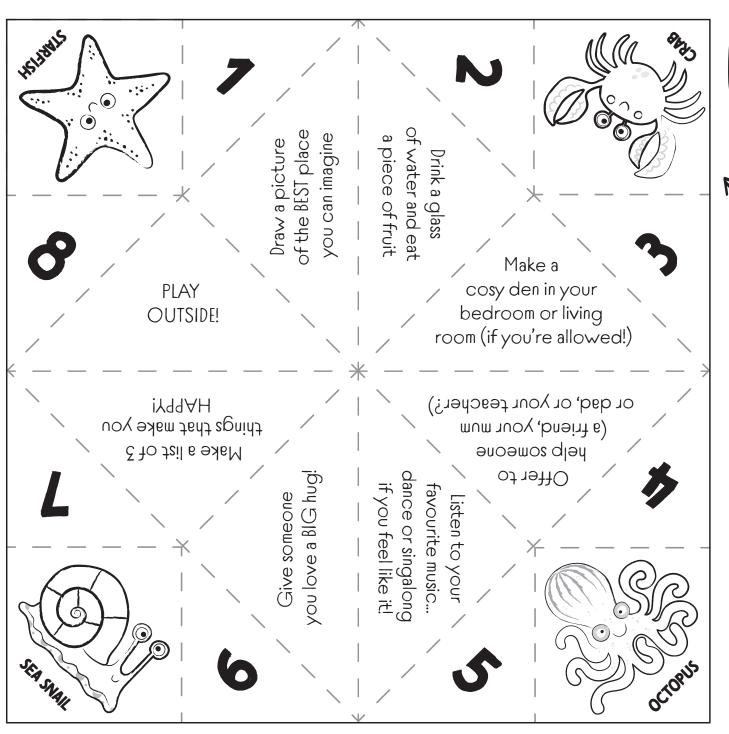
CHATTER BOX WELLBEING

% Cut around the solid black line



HOW TO MAKE YOUR CHATTER BOX...

- Rip this page out of your journal and carefully out out your chatter box
- 2) With the back side up, fold from corner to corner, making a triangle
- Open the paper (back side up still) and fold from corner to corner in the opposite direction
- Unfold the paper you should have a big X creased into it
- 5) Fold one corner to the middle of the X
- 6) Repeat with the other 3 corners
- Fold and unfold the square horizontally, then do the same vertically
- 8) Turn it over and slide your fingers under the flaps and push the outer corners to the middle
- P) You're ready to play!